

REGION II  
*Behavioral Health Board*

**MONTHLY MEETING MINUTES**

**September 10, 2020-- 1:30 PM**

**Zoom Conference Meeting due to COVID-19 restrictions**

website: [www.riibhb.idahopublichealth.com](http://www.riibhb.idahopublichealth.com)

**Zoom Conference Link:** <https://us02web.zoom.us/j/83748179114?pwd=Wit3WVAvVGtRKzNYMjBTME5BV1didz09>

1. Roll Call, Welcome, and Introductions

Attendance: Darrell Keim, Diane Kovach, Jim Rehder, Teresa Shackelford, Casey Moyer, Cindy O'Brien, Megan Comstock, Pamela Lopardo, Beverly Fowler, Caitlin Rusche, Dean Allen, Eric Peterson, Jen Griffis, Jenny Teigen, Joshua Gartrell, Michelle King, Nancy Chaney, Laura Thayer, Kathie LaFortune, Starr Shepard, Suzi Quintal, Tammy Everson, T Carlin, Tom Lamar, Zlata Myr, Deborah Lind, Lisa Martin, Karen Kopf, Sara Bartles, Skye Taylor, John Rusche, Shari Kuther, Sara Bennett, Sharlene Johnson, Kathy Connerly.

Introduction from Pam Lopardo and Suzi Quintal (new board members). Caitlin Rusche is heading up the Opioid prescription grant with Public Health and will be coordinating with the board.

2. Approval of August BHB Minutes (**Action Item**) Shari Kuther motion, Tom Lamar second. No discussion. Motion carries
3. Financial report—Carol/Perri – Perri reports we are not aware of if any state hold backs will impact the board funding. No changes to the financials. Board members can work to find the projects for funding this year.
4. State Hospital North update—Todd – Hospital is required to have plans, they have 8 plans finalized and being sent to the governing committee. The physical plant would cost \$658,000 and the governor and director are reviewing the request for this capital. HR identified a need for 24.5 position 1.6 million requested, and hoping to have it transferred from SHN. This will help towards the Joint Commission process which will allow them to bill Medicaid in about 2 years. Currently down 4 nurses and actively recruiting. Currently at 52 patients out of 55. Increase in 18-211 and 18-212
5. Optum report on Covid affected services—Casey Moyer: Policy changes: 20% premium for crisis services. Suspended telephonic services, and increased telehealth services to non-licensed paraprofessionals. Worked with agencies who closed their physical locations. T1014 offering of \$20 site origination fee for providers. Optum reports a dip in services not offered via telehealth – respite, injection and drug testing. Dip during the middle of March through May. From May there has been a rapid rebound to the pre-covid level. Currently estimating 90,000 can access Medicaid expansion dollars. During COVID there were decreases in the 60 minute session, the 30 minute sessions increased and their frequency increased. Increase in family sessions with and without the client present. Jim commented on the positive of Medicaid expansion along with the benefit of increasing telehealth providers. Prior authorizations were put on hold but the requirement for medical necessity must be met.

6. State Planning Council planning/update—Mindy Oldenkamp: Mindy unable to attend. Planning Council meeting October 19-21. Jim is working to coordinate a meeting with the BHB chair's on the 19<sup>th</sup> and then meet with the council on the 20<sup>th</sup>. Jenny is currently a representative on the council.
7. Finalize Needs and Gaps plan and discussion—Sara/Board: Presented the needs and gaps report. Motion to approve by Kathie LaFortune, second by Jenny Teigen. No discussion. Motion carries.
8. Recovery Community Center Latah/Nez Perce Counties – Board: Latah – Don't give up campaign currently. Darrell is looking into COVID funding from the governor's office. Nez Perce had recovery coach training last week.
9. BHB Subcommittee Members, Reports and Board Discussion
  - CMH – worked on their needs and gaps during their last meeting
  - ABH – Teresa discussed the ABH meeting. Looking for a new chair or co-chair who has more time for the subcommittee to replace Teresa and Tammy.
  - Housing: Lisa discussed their last meeting in July and they talked about Orofino and the possibility of having housing there. Working with the crisis center on possibilities. Nothing new on the Union Gospel Mission. Looking for ideas and thoughts on if using the modular classrooms from the Lewiston High School is an option for some kind of housing. Jenny T stated she has an understanding that it is expensive to move modular units, and is often cheaper to purchase them new.
  - Telehealth- Already discussed earlier in the Needs and Gaps. Dean stated if individuals are interested in completing the training coming next week they can reach out to the facilitator to complete part 1 first.
  - Prevention: DEA National Take Back Day November 24<sup>th</sup>. Want to have one in every county in our region. Tribe has a class that was full recently. Strengthening Families training is open and registration is out there for folks who are interested. Training coming up in February and it will hopefully be in person, information will get sent out later once we are closer. Katelyn is working on an Opiate needs assessment.

Jim's comments:

- Jim wanted to ask for a Crisis Center update and data for the next meeting.
- September 18<sup>th</sup> is the deadline for the survey to be back to Sara
- Board Activity Request are available, the board has \$10,000 to disperse
- Today 20 members were present, which is one of the highest turn outs ever.
- CIT update was discussed. Laura stated that CIT is looking at being offered this year virtually and a survey will be sent out to police and sheriff offices to get an understanding of how best to train the most officers.
- Several BHB members appointments are expiring 12/31/20. Private Provider for MH Services—Sara, School District Rep—Suzi, Law Enforcement Officer—Chris, Id Dept of H&W Employee-Pam and the County Commissioners (7 total). Commissioners will meet at their Regional IAC mtg after the November 3 elections. Current Board members are encouraged to re-apply and the notice for Board seats will be announced on the Board website. Applications are due by Nov 9; the appointing authority will hopefully make the selections by the Nov 12 Board meeting.
- Asks for agenda items if needed for the any and all board meetings.

10. Public Input

Starr Shepard: BPA Health:

- Covid Help Line is up and running if needed for emotional support and resources.
- Covid assistance for front line workers- telephonic access to counseling services.
- Idaho Lives Program- program for kids who have attempted suicide. Treatment services for kids and their families.

Karen- Optum Idaho

26 Mental Health First Aid trainers who are available to provide training. Contact Wendy Stoneberg or Karen at Optum.

Tammy Everson

Question related to the involvement of tribal officers in CIT.

11. Next BHB Meeting – October 8, 2020

12. Meeting Adjourned at 3:39 pm